

---

“Following a few simple safety tips will keep you and those around you safe while enjoying our beautiful Manitoba trail system on an ATV or Side by Side”

---



**Follow the Rules**  
**and Enjoy the Ride!**



**ATV Association of Manitoba**

[www.atvmb.ca](http://www.atvmb.ca)

[info@atvmb.ca](mailto:info@atvmb.ca)



[www.atvmb.ca](http://www.atvmb.ca)

## ADULT

- Always wear a DOT compliant helmet and proper riding gear.
- Take an ATV driver safety course. Visit Safety Services Manitoba website for information on ATV safety courses offered by ATVMB to all ATVMB club members.
- Trail users are responsible to practice safe riding, thus ensuring their own safety and the safety of others.
- Never ride on paved roads except to cross when it is safe to do so and permitted by law.
- Never ride under the influence of alcohol or drugs.
- Never carry a passenger on a single rider ATV as outlined in the owner's manual and safety labeling on the ATV.
- An ATV designed for two people, means the driver and only ONE passenger can safely travel on the vehicle, regardless of age or size of the passenger, as per the manufacturer's specifications.
- Always ride an ATV that is appropriately sized for your ability.
- Exercise caution and obey all trail signage.
- Never ride or use an ATV for any purpose other than what is outlined by the manufacturer.
- Only ride your ATV where it is appropriate to do so.
- Travel at a speed that is appropriate for the conditions, is within the limits of your riding ability, obeying all posted speed limits.
- Use caution when approaching or overtaking other riders.
- Ride in a consistent and predictable manner; travel single file keeping to the right of the trail when possible.
- When stopping, move your machine off of the trail.

## ADULT

- Obey all traffic signs/signals using extreme caution when the trail crosses roads, driveways or other trails.
- When preparing to stop, signal that you are doing so; stop only on a straightaway where you can be seen from both directions and never at the top of a hill; move your vehicle off of the trail.
- Always carry a communication device.
- Do not attempt tricks or stunts while riding an ATV.
- Always use common sense and never ride alone.
- When fatigue sets in, stop riding.
- Stay alert, be aware and know your surroundings.

## YOUTH

- Always wear a DOT compliant and appropriately sized helmet and riding gear.
- Always ride an ATV that is appropriately sized for your age, weight and ability.
- Riders under the age of 16 must be supervised by a parent or designated adult, it is the law.
- All riders under the age of 18 should take an ATV rider training course.
- Never carry a passenger on a single rider ATV.
- Unless you are 18 years of age or older, never operate a 2-up ATV\*.
- Always ride with a friend and advise someone regarding where you will be riding.

\* A 2-up ATV has been designed and manufactured to legally carry a passenger.

## PARENTS

- An ATV, regardless of size, is not a toy.
- Before allowing your child to ride an ATV determine their "readiness" – age, strength/physical development, social/emotional development; reasoning/decision making ability; visual perception and motor development.
- Carefully read and follow the instructions and warnings in the ATV owner's manual/labels.
- All children, over the age of 6, and youth should take an ATV rider training course.
- Only allow your child to ride an ATV that is appropriate for their weight, height and ability.
- Never allow your child to ride unsupervised.
- Never allow your child to operate a 2-up ATV.
- Only allow your child to ride as a passenger on a 2-up ATV operated by a responsible adult who is familiar with that ATV and only if your child is able to reach the handholds and place their feet on footrests from a seated position in the designated passenger's seat.
- Ensure that your child wears an appropriately sized helmet and all other protective riding gear.
- Further educate yourself on ATV safety.

Visit [www.atvmb.ca](http://www.atvmb.ca) for more information on safety or go to <https://safetyservicesmanitoba.ca/road-safety-home/recreational-quads-atv-training/> to view the details on safety training provided by Safety Services Manitoba and ATVMB for all ATVMB members